IVYBRIDGE COMMUNITY GROUPS AND REGULAR EVENTS

MONDAYS

South Hams C.A.B. 9.30am- 12.30pm. Every Monday (excluding Bank Holidays). Drop in for a short assessment in the Community Room, 2nd Floor, The Watermark, Erme Court, Ivybridge. Or call 03444 111 444. Monday to Thursday 10am to 4pm.

Weigh and Play at the Den. South Brent Primary School. 1.30pm – 3.00pm. Stay and play session for under 5's with the child health clinic on 1st and 3rd weeks of the month 01803 847626

southhamschildrenscentre@actionforchildren.org.uk

St John's Craft Group. 7.30- 9.30pm. Waterside House, Keaton Road, lvybridge.

Ivybridge U3A (University of the Third Age) Monthly Meeting. 2pm- 4pm. Third Monday of the month. The Watermark, Ivybridge. For more information please contact on lvybridge.u3a@gmail.com or Tel. 01364 724700 or online at www.ivybridge-u3a.org.uk

Slimming World. Every Monday at 5pm and 7pm. Chapel Place Community Hall, Ivybridge. Pop in or contact Leanne on 07930 473542 leannetancock@sky.com for details of special memberships.

Taichi for U3A. 10- 11.30am. 3rd Scout Hut, Ivybridge. U3A contact Anne Kiddell (01752 893017) Group Leader John Hamlett 07972846443.

Arts & Crafts. 1.30pm. Evangelical Baptist Church, Ivybridge. For more information please contact Ian Macgregor Tel. 01752 923032.

M@xs Book Dreamers. 3.45 – 4.45pm.1st Monday of the month. A reading group for children aged 6-11. Crafts and discussion about books. Ivybridge Library. For more information please Tel. 01752 893140.

1st lvybridge Cubs Scouts. 6.30- 8pm.Victoria Hall. Contact <u>ivyakela@gmail.com</u>

3rd lvybridge Brownies. 6.15- 7.30pm. For more information contact Tel. 01752 894265 <u>3rdivybridgebrownies@gmail.com</u>

Prize Bingo. 7.30pm. Bittaford Community Hall. For further information please Tel. 01752 896521.

Adult Reading Group. 7.15pm. First Monday of the month. Ivybridge Library. For more information please Tel. 01752 893140.

Air Cadets. Parade Times 7.30- 9.30pm. For further information contact the Joint Cadet Centre, Filham Park, lybridge. For more information please Tel. 07879 464657 or email oc.339@aircadets.org www.339sqn.org.uk

Abbeyfield Coffee Morning. 10.30am- 12noon. Come and join us for a coffee on the 1st Monday of every month at Abbeyfield, Trehill Road, Ivybridge. For further information please Tel. 01752 691567. A chance to meet the residents, staff and members of the friends committee. Everyone welcome.

Exercise On Referral. Leisure Centre. Ivybridge. For further information please Tel. 01752 896999.

Hatha Yoga with Meditation. 7- 9pm. St John's Church Hall, Ivybridge. Suitable for beginners. Join any time, just drop in. For further information please Tel. 01548 550612. www.yogawithstephenharding.co.uk

Ivybridge Flower Club. 7.30pm. Every 2nd Monday of the month. The Watermark. For further information please contact Hilary Newcombe on Tel. 01752 892647.

Ivybridge Trefoil Guild 7pm. Guiding for Adults. Meets 2nd Monday. Venue varies. Contact Angela Tel. 01752 892587. Ivybridge Short Mat Bowls Club. 7- 9.15pm. September to March. League, other matches, competitions, casual play, Ivybridge Community College. For further information please contact John Chaplin 01752 691306 john.chaplin1@tiscali.co.uk

Hatha Yoga. 7-8.30pm. South Devon Tennis Centre. £7.50 or £39 for 6 classes. Please contact Liz for more information 07765 631877 liz@intoyogaandnature.co.uk

TUESDAYS

Team Dunc Exercise Class. 6.30-7.30am. St John's Church Hall, Blachford Road.

Ivybridge Probus Club. First Tuesday of the month.12.30pm venue tbc For further information please contact Bob Mailling, Secretary on Tel. 01752 892255.

Ivybridge Arts and Crafts. 1.30- 4.30pm. Scout and Guide Headquarters, Blachford Road. Why not join us for an afternoon of painting or craft. Enjoy the company of others. For further information please call Gerry on 01752 690176 or Hazel on 01752 892438.

Ivybridge and District Camera Club. 7.30pm. 1st, 2nd and 4th Tuesday of each month. Bittaford Village Hall. For further information please contact David Rayner on 01752 691260.

Ivybridge Walking For Health. Level 1 walk. 9.45am for 10am. First Tuesday of the month. Meet inside Ivybridge Leisure Centre. Up to 30mins on flat ground or gentle slopes with mainly firm surfaces, no steps or stiles. Great for those people who may not have walked much before, are looking to be more active, or are returning from injury or illness. All walks are free, led by trained walk leaders and stop for refreshments afterwards. For more information please visit www.walkingforhealth.org.uk

Ivybridge Walking For Health. Level 2 walk. 9.45am for 10am. Every Tuesday. Meet inside Ivybridge Leisure Centre. Suitable for people looking to increase their activity levels. Up to 60mins, may include some moderate slopes, steps, uneven surfaces and stiles. All walks are free, led by trained walk leaders and stop for refreshments afterwards. For more information please visit www.walkingforhealth.org.uk

Coffee Morning. 10am – 11.30am Home made cakes, teas and coffee. Ivybridge Methodist Church.

Tuesday Lunches. 12.15-1.30pm. Delicious lunches served every Tuesday at Ivybridge Methodist Church Café. Children welcome. Ring and ride bus offers door to door service £2.50 return (call 01752 690444 for ring & ride).

1st Ivybridge Cub Scouts. 6.30-8pm. Victoria Hall. Contact ivyakela@gmail.com

5th Ivybridge Rainbows. 5-6pm. St John's Church Hall. For more information contact Sue ivybridgerainbows@live.co.uk

Taichi for U3A. Every Tuesday. 10.30am- 12noon. 3rd Scout Hut, Ivybridge. U3A contact Anne Kiddell (01752 893017) Group Leader John Hamlett 07972846443.

Slimming World. 9.30am, 11.30am 3.30pm and 5.30pm. Chapel Place Community Hall, Ivybridge. Pop in or contact Leanne on Tel. 07930 473542 leannetancock@sky.com for details of special membership offers.

Parents and Toddlers. 10am- 12noon. Ivybridge Evangelical Baptist Church. £1 per session. For more information please Tel. 01752 923032.

lvybridge Judo Club. Every Tuesday. St John's Church Hall, Blachford Rd. Junior class (Age 8- 13) 7.15- 8.15pm. First session is Free. To help you get started the club have Judo suits, in a range of sizes. For further information please contact Pete Whitfield by text on <u>07599 111815</u> or email. <u>petewhitfield62@gmail.com</u>

lvybridge Community Choir. Meets every Tuesday. 7.30- 9.15pm. lvybridge Library. Everybody welcome, no auditions, just drop in or contact Sheila on 01626 870107 or visit. www.communitychoir.co.uk

Ivybridge Short Mat Bowls Club. 7- 9.15pm. September to March. League, other matches, competitions, casual play, lybridge Community College. For further information please contact John Chaplin 01752 691306 john.chaplin1@tiscali.co.uk

Erme Valley Harriers Seniors Training Session. 6pm. Every Tuesday & Friday. Meet Ivybridge Rugby Club. www.ermevalleyharriers.co.uk

Next Steps Parent Carer Support Group. 10am- 12noon. Every 2nd Tuesday of the month. Beacon Room, The Watermark. Informal, friendly group for families with young adults who have ongoing special or additional needs. Just drop in or contact Jan 07742 609968.

YogaWithFi. 6.30- 7.30pm and 7.45- 8.45pm. 3rd Ivybridge Scout Hut. Limited Spaces, call Fi to book your place on 07880 498914. Just £5 per class.

Beat Bounce. Fitness Class. 6- 7pm & 7- 8pm. The Watermark. £5 per session. Find out more at www.revitalisefitnessretreat.co.uk or to book call/text Brooke on 07912 895 540 or visit the Facebook page Revitalise Fitness Retreat.

Pilates. 6pm and 7.15pm. Bring your own mat. FREE – voluntary donations to St Luke's are invited. Westward Inn function room, Lee Mill. For more information or to book please email. wendywolf@hotmail.co.uk

Discovery Play at the Den. South Brent Primary School. 9.45am - 11.15am. Messy play session for the under 5's. 01803 847626 southhamschildrenscentre@actionforchildren.org.uk

Parent Support Sessions 9.30 – 11.30. Ivybridge Library. Please call to book a session 01803 847626 southhamschildrenscentre@actionforchildren.org.uk

All Aboard. 2pm – 4pm. lyybridge Library. Board Games club 01752 893140

Original Christianity. 7.30pm – 8.30pm. The Beacon Room, The Watermark. Non-Denominational. Meetings are free and all are welcome. For more information please call 07780 771021.

Foodbank 1- 3pm. Ivybridge Methodist Church. Open To all. For further information www.ivybridge.foodbank.org.uk email. info@ivybridge.foodbank.org.uk or Tel. 07706 457336 or 07706 457337.

Mid Week Holy Communion. First Tuesday of the Month.1.30 - 2pm. lvybridge Methodist Church. Open to all.

WEDNESDAYS

Team Dunc Exercise Class. 6.30-7.30am. St John's Church Hall, Blachford Road.

Taichi Class. Every Wednesday. 9.30- 11am. 3rd Scout Hut, Ivybridge. For further information please Tel. 07972 846443 or email. John.H@email.com

Read and Reminisce. 10.30am- 12noon. Ivybridge Library, Beacon Room. For those suffering with memory loss and their carers.

Little Fishies Parents and Toddlers Group. 10am-12noon. Ivybridge Methodist Church Hall.

Ivybridge Theatre Company. 7.30pm. Chapel Place Community Centre. Ivybridge. For further information please contact Ron Davis on Tel. 01752 893308.

Erme WI. 7.30pm. Every second Wednesday of the month. Ivybridge Library. For more information contact Sheila on Tel. 01752 895875.

Royal British Legion. Meet on the 2nd Wednesday of each month. The Sportsmans Inn. lvybridge. 7.30pm. For further information please contact Dermot Roberts on 01752 691645 http://branches.britishlegion.org.uk/branches/ivybridge

Ivybridge Trefoil Guild (former Girl Guides). Meets on 1st Wednesday of every month Abbeyfield House, Ivybridge. 10am- 12noon. For further information please contact Angela Tel. 01752 892587.

50+ Badminton. 12.30pm. Ivybridge Leisure Centre. For further information please contact Tel. 01752 896999.

1st Ivybridge Beaver Scouts. 607.17pm. Victoria Hall. Contact 1stivybeavers@gmail.com

1st Ivybridge Scouts. 7.30- 9.30pm. Victoria Hall. Contact firstivybridgescouts@ymail.com

3rd Ivybridge Scouts. 6.30-8pm. Leonard's Road HQ. Contact 1stivygsl@gmail.com

1st Ivybridge Guides. 6.30- 8.30pm. For further information please contact Janet Parsons Tel. 01752 897082.

Beginner Road Running Group. 5.30- 6.30pm. Meeting point lyybridge Community College. Free of charge. For more information please contact Sharon Terry 01752 691000.

The Bridge Stroke Group. 1.30- 3.30pm. 2nd Wednesday of the month. Ivybridge Town Hall. In partnership with the Stroke Association, offering support to those who have suffered a stroke and their carers. The group meets to provide mutual support, listen to speakers and advice from the Stroke Association. 01752 691878.

Devon Senior Voice. 10.30am- 12.30pm. Every 1st Wednesday of the month. The Sportsmans Inn. For further information please contact Tel. 01752 892191.

One Day Pencil and Watercolour Workshop. 10am- 4pm. 3rd Wednesday of every month. Ivybridge Town Hall. Cost £40 for the day. Spaces are limited. To book or for further information please contact Tel. 01752 893852.

lvybridge Table Tennis Group. Peverell Hall, Ivybridge Community College. Every Wednesday. Junior coaching 6.30-8pm, Open Session 8-9.30pm. Everybody welcome. £2 juniors £2.50 over 18's per session. School holidays open session 6.30pm until 8.30pm, all welcome, same rates. Club bats and balls available. New players welcome, advice,

tips and coaching available from more experienced members. For further information please contact Alan Spencer on Tel. 07712 896185. Facebook search for lvybridge Table Tennis club. Twitter @lvybridge TTC.

Wednesday Night Church@St John The Evangelist. Ivybridge. 7.30pm.For friendship, reflection, silence and prayer, for those of all faiths or none.

Erme Valley Ladies Group. 10.30am. 2nd Wednesday of the month. Waterside House.

Ivybridge Bowls Club. 6.30pm. Meets outdoors every week April - September. Bridge Park Clubhouse. For more information please contact. Tel. 01752 892858.

Ivybridge Rotary Club. 6pm. The Henlake Suite, The Watermark. For further information please Tel. 01752 893245. **Booklovers Meeting.** Alternate weeks. For further information please contact Tel. 01364 73793.

South Brent Short Mat Bowls Club. 7- 9pm. South Brent Village Hall. For further information please contact Tel. 01364 73244 or email lal.lang53@gmail.com.

Teeny Tots 10.30am-11.30am. Ivybridge Library. Songs, stories and crafts for pre-school children and their carers. No charge.

Bookstart 10.30 – 11.30 Ivybridge Library 01803 847626 southhamschildrenscentre@actionforchildren.org.uk
Hello Baby. 1- 2.30pm. Ivybridge Library. Group for children aged 0-12months. 01803 847626
southhamschildrenscentre@actionforchildren.org.uk

Discovery Play. Ivybridge Methodist Hall. 1.30 – 3pm. 01803 847626 southhamschildrenscentre@actionforchildren.org.uk

The Ivybridge Memory Café. 2pm- 4pm. Meets every other Wednesday. Douro Court. Quiz's, chat and cake, as well as entertainment. Contact 07791 239357.

Carers Group. 11am-12.30pm, the first Wednesday of each month at Ivybridge Library. An informal social gathering for any local unpaid carers. Contact Sarah from Devon Carers 03456 434 435 for more details.

Ivybridge Caring Volunteers 9.30am – 12pm. The Community Office, Second Floor, The Watermark. Drop in for a chat about donating 2 hours of your time for elderly people in the community. For more information call 07791 239357.

St John The Evangelist. 9.30am. Blachford Road. Holy Communion Service followed by coffee. All welcome.

THURSDAYS

Team Dunc Exercise Class. 6.30-7.30am. St John's Church Hall, Blachford Road.

Diddy Dance. 10-11am St John's Church Hall, Blachford Road.

Artistik Storytime. 10am- 12noon. St John's Church Hall, Blachford Rd. Games, stories, crafts, games, toys, activities and more. For 0-5 years with carer. £1.50 per session. For more information contact Patricia Stringer 01752 873089.

Ivybridge Walking For Health. Level 3 walk. 9.45am for 10am. Every Thursday. Meet inside Ivybridge Leisure Centre. Suitable for people looking for more challenging walks and increasing their level of physical activity. Up to 90mins, may include steeper slopes, steps, uneven surfaces and stiles. All walks are free, led by trained walk leaders and stop for refreshments afterwards. For further information please visit. www.walkingforhealth.org.uk

Crime Book Club. 6- 7pm. Ivybridge Library. Every 3rd Thursday of the month. For further information please contact Lori Lee on Tel. 01752 862642 or email. loribleart001@gmail.com

The Wright Group Coffee Morning. 10.30am- 12noon. The Sportsmans Inn. Everyone welcome. For more information hazel.jones37@gmail.com

Watermark Wonders Adult Reading Group. 6- 7pm. 3rd Thursday of the month. Ivybridge Library. Pop into the library for more information.

Taichi Class. Every Thursday. 7.30- 9pm. 3rd Scout Hut, Ivybridge. For further information please contact Mr. John Hamlett Tel. 07972 846443 or email. john.h@email.com

Lions Club of lvybridge. 7.30pm. 2nd and 4th Thursday of every month. The Watermark. All welcome. For further information please contact 0845 833 9834 or lions@ivybridgeonline.com

Ivybridge Bingo and Social Club. Every Thursday, 7.30pm for 8pm. The Beacon Room. The Watermark. Everyone welcome, however, due to cash prizes minimum age is 18.

Exercise On Referral. Leisure Centre. lvybridge. For further information please contact Tel. 01752 896999.

Baby Bounce and Rhyme. Every Thursday.10.30- 10.50am. For under 3's and their carers. lvybridge Library. **Knit and Natter.** Every Thursday. 2.30- 4.30pm. lvybridge Library.

Action On Hearing Loss Clinic. 2- 4pm. Every 2nd Thursday of the month. Ivybridge Library. Working with Derriford Audiology. Advice on hearing queries will be offered where possible. For more information please contact Tel. 01752

Credit Union. 9.30am- 12noon. Every Thursday. Ivybridge Library. Savings and loans.

1st Ivybridge Rainbows. 5-6pm. St John's Church Hall. For more information contact Jackie, firstivyrainbows@live.co.uk

2nd Ivybridge Brownies. 6- 7.30pm. For more information please email. <u>2ndivybrownies@live.co.uk</u> or Tel. 01752 894749.

Erme Valley Harriers Junior Training. 5.45- 7pm. For under 11s. 7pm- 8pm. For over 11s. lvybridge Community College. www.ermevalleyharriers.co.uk

lvybridge Board Game Nights. 6- 11pm. Thursday evenings. The Duke of Cornwall, Ivybridge. All are welcome. For more information please email. joel.wright@me.com or Tel. 07863 128489.

Young Devon Drop In. 2- 6pm every Thursday. 2nd Floor, The Watermark. Information, advice and support for young people aged 11-25. No appointment needed.

Weigh and Play. 1.30- 3pm. Stay and play session for under 5's, with the child health clinic running along side. All welcome! St John's Church Hall, Ivybridge. 01803 847626 southhamschildrenscentre@actionforchildren.org.uk

Dog and Puppy Obedience. 7pm Bittaford Village Hall. For more information contact Denise Quayle 01364 73259. **Come Dancing, Circle Dance.** 7.30- 9.30pm. Clearly taught, great fun and easy to learn. Yealmpton Community Centre PL8 2HF. For more information please contact Tel. 01752 880196. **Ivy Crafters.** 7-9pm. Every other Thursday. The Watermark. A friendly crafting community running a themed weekly workshop. For more information please call 01752 893984 or email theivycrafters@gmail.com or find us on facebook. **Ivybridge Caring Volunteers** 9.30am – 12pm. The Community Office, Second Floor, The Watermark. Drop in for a chat about donating 2 hours of your time for elderly people in the community. For more information call 07791 239357.

FRIDAYS

Diddi Dance. 10am. Preschool dance classes for girls and boys. For more information and location contact Liz or Rachel 07933 956151 email liz.rachael@diddidance.com

Team Dunc Exercise Class. 6.30-7.30am. St John's Church Hall, Blachford Road.

lvybridge Country Market. Every Friday. 9.30am to 12.30pm. Chapel Place Community Centre. Contact Wendy 07866 138129 or Meg 07951 575568 or email meghollomon.icm@gmail.com

Youth Leisure Night@Ivybridge Leisure Centre. Every Friday. 8.00- 9.30pm.Trampolining, Gym, Parkour, Body Combat, Zorbs, Inflatables, Zumba, Swimming, Messy Games, Football. £2.10 Ages 13-19. For more information 01752 896999.

1st Ivybridge Beaver Scouts. 6-7.15pm. Victoria Hall. Contact 1stivybeavers@gmail.com

Over 50s Social Group. 10am- 12noon. 2nd and 4th Friday of the month. The Sportsmans Inn, Ivybridge. For further information please contact Thais Lloyd on Tel. 07598 781155.

South Brent Short Mat Bowls. 10am- 12noon. South Brent Village Hall. For further information please contact Tel. 01364 73244.

Ivybridge Business Breakfast Meeting. 8.30- 10am. The Watermark. 3rd Friday of every month. £8 including breakfast and guest speaker. For further information visit www.swdevonbusinessnetworking.org.uk and book by contacting clare.northey@swlaw.co.uk or swdn@swlaw.co.uk

Stairways Club. 9.30am- 12.30pm. The Beacon Room, The Watermark, Ivybridge. Projects and outings for adults with learning disabilities (18 years+). For further information please contact Ann Laity on Tel. 01752 691648 or email. alaity9@gmail.com

Air Cadets. Parade Times 7.30- 9.30pm. For further information contact the Joint Cadet Centre, Filham Park, Ivybridge. For further information please contact Tel. 07879 464657 or email oc.339@aircadets.org_www.339sqn.org.uk

3rd Ivybridge Cubs. 6.15pm. The Scout Hut, Leonards Rd. For further information please contact Tel. 01752 691366.

3rd Ivybridge Scouts. 8pm. The Scout Hut, Leonards Rd. For further information please contact Tel. 01752 691366. Bingo. 7.30pm. Cornwood Village Hall. Every last Friday.

Young Devon Drop In. 1- 5pm. Every Friday. 2nd Floor, The Watermark. Information, advice and support for young people aged 11- 25. No appointment needed.

Lee Mill Toddlers Together. 10am-12noon term time. For 0-5 year olds and their parents/carers. £1 per session. Lee Mill Church Hall. For more information please Tel. 07971 435728. (term time only)

Friday Club. 6- 7.30pm. At Ivybridge Evangelical Baptist Church. Ages 5-11. For more information please Tel. 01752 923032

Parent Support Sessions. 9.30am. 1:1 advice/support available for all parents under 5's. Please call 01803 847626 southhamschildrenscentre@actionforchildren.org.uk

Erme Valley Harriers Seniors Training Session. 6pm. Every Tuesday & Friday. Meet Ivybridge Rugby Club. www.ermevalleyharriers.co.uk

Ivy Crafters. 10am-12noon. Endsleigh Garden Centre. A friendly crafting community running a themed weekly workshop. For more information please call 01752 893984 or email theivycrafters@gmail.com or find us on facebook. Little Fishies Parents and Toddlers Group. 10am-12noon. Ivybridge Methodist Church Hall.

SATURDAYS

lvybridge Farmers Market. 4th Saturday of every month. 9am- 1pm. Glanvilles Mill. lvybridge.

Build a Story. Third Saturday of the month. 10.30- 11.30am. Ivybridge Library. Listen to a story and then build part of the story with Lego. Structures will remain in the library until the following meeting. Under 11 year olds Cost: £1.50. **Ermington Sustainable Saturdays.** The Reading Rooms. 10am- 12noon. Every alternate weekend. Locally produced

food, crafts and cafe. For further information please visit. www.ermingtonparish.org.uk or contact Ro Hughes on Tel. 07815 627803.

Adult Writers Group. 10am- 12noon. Ivybridge Library. 3rd Saturday of the month. Develop your creative writing skills while exploring a wide range of genres in a friendly, relaxed environment. £2 per session. Applications from Library counter. For further information please contact Tel. 01752 893140.

Coffee Morning. 10am – 12pm Home made cakes, teas and coffee. Ivybridge Methodist Church Café.

Ivybridge Artisan Market. 1st and 3rd Saturday of the month. 9.30am – 13.00pm. The Watermark. A wide range of excellent handmade items including cushions, bags, paintings, preserves, greetings cards, jewellery, glass fusion items, pictures and wall hangings and baked goods for sale.. Please contact ivybridge.artisan.market@gmail.com for more information.

Bingo. 2.30pm. Every Saturday. Abbeyfield House. Trehill Road. Ivybridge. £1.00 per game including tea and biscuits. **Men's Breakfast.** Second Saturday of every month. 8.30am. Ivybridge Methodist Church. Full English Breakfast for £3.50 and a short talk afterwards.

SUNDAYS

lvybridge Methodist Church. 10.30am. Lively family worship with activities for all ages of young people. Varied worship 6.30pm.

Ivybridge Evangelical Baptist Church. Services at 10:30 am (with crèche & children's group) & 6:00 pm.

St John The Evangelist. 10.30am. Blachford Road. Holy Communion Service followed by refreshments. All welcome.

lvy Ladies Netball. 9.30 – 11am. lvybridge Community College. For more information email Emma Jones,

ivyladies@gmail.com

South Brent Short Mat Bowls Club. 3-5pm. South Brent Village Hall. For further information please contact Tel. 01364 73244 or email lal.lang53@gmail.com.

Lee Mill Congregational Church. 11am. A warm welcome to all, children's talk and activity packs available.

Disclaimer: the above is reliant on community groups providing us with up-to-date information; the Town Council can take no responsibility for its accuracy.

Updated 10/02/17. LL

Downloaded from: www.ivybridge-devon.co.uk